Planning Resources

Grade 2

Activity Book
Lesson 1  pp. 4–5

Draw a picture of yourself as a baby. Draw another picture to show how you have grown and changed.

Lesson 2  pp. 6–9

Fill in the missing letters to name parts of your skeletal system and your muscular system.

sk__ll  f__ce  m__scles  h__p  bo__es
sp__ne  l__g  b__nes  ___rm  ___uscles

Lesson 3  pp. 10–11

Draw a line to match each word to the correct part of the digestive system.

- teeth
- stomach
- tongue
- mouth
Lesson 4 pp. 12–15
Write the word from the box that best completes the sentence.

- blood
- lungs
- heart
- mouth
- blood vessels

1. Air goes in and out of your body through your ______ and nose.
2. Your ______ take oxygen from the air.
3. Your ______ pumps blood.
4. The tubes that carry blood from your heart to all parts of your body are called ______.
5. Your ______ takes in oxygen from your lungs.

Lesson 5 pp. 16–17
Write about two things your brain does.

________________________________________________________________________
________________________________________________________________________
________________________________________________________________________
Sequence

Show the sequence. Write the sentences in order in the chart.

Your lungs fill with air and get larger.

Air goes into your body through your mouth or nose.

Air moves into your lungs.
Set Goals

Steps for Setting Goals

1. Set a goal.

2. Make a plan to meet the goal.

3. Work toward the goal.

4. Ask yourself how you are doing.

Use the steps to help you solve this problem.

You want to keep your body healthy. You know you should exercise. What can you do to meet your goal?

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________
# Body Systems

Write the words from the word box.

<table>
<thead>
<tr>
<th>muscles</th>
<th>heart</th>
<th>brain</th>
<th>lungs</th>
</tr>
</thead>
<tbody>
<tr>
<td>blood vessels</td>
<td>skull</td>
<td>spine</td>
<td>stomach</td>
</tr>
</tbody>
</table>

## Systems and Functions

<table>
<thead>
<tr>
<th>Skeletal System</th>
<th>Muscular System</th>
<th>Digestive System</th>
<th>Circulatory System</th>
<th>Nervous System</th>
<th>Respiratory System</th>
</tr>
</thead>
<tbody>
<tr>
<td>Protects the brain</td>
<td>Holds up the body</td>
<td>Changes food into a thick liquid</td>
<td>Pumps blood</td>
<td>Controls all other parts of the body</td>
<td>Fill with air when you breathe in</td>
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<td>Fill with air when you breathe in</td>
</tr>
</tbody>
</table>
Lesson 1 pp. 26–29
Write about two ways to protect yourself from the sun.

Draw pictures that show two times at which you should wash your hands.

Lesson 2 pp. 30–31
Circle the correct word to complete the sentence.

Head lice are ____.

Head lice lay eggs on ____.

Special shampoos kill head lice and their ____.

Do not wear someone else’s ____.

Do not share ____.

Do not touch your head to someone else’s ____.
Lesson 3  pp. 32–35
Write the word from the box that best completes the sentence.

- goggles
- inside
- anything
- eyes
- ears
- pupil

You use your ______ to see.

The black part of your eye is the ________.

Wear ________ when you play sports that can hurt your eyes.

You use your ________ to hear.

The main part of your ear is ________ your head.

Never put ________ in your ears.

Lesson 4  pp. 38–41
Read the ads. Circle the better soap to buy. Tell why you chose it.

Oh So Clean  $1.00
Gently cleans skin.
Removes germs.
Fresh scent.
Makes your skin soft.

Silky Soap  $3.00
Great color! You'll feel like a movie star!
As seen on TV

Chapter 2 • Caring for Your Body  Activity Book • 7
Make Predictions
Read the sentences. Predict what will happen.

Jill stays outside for hours. She wears just a swimsuit. She does not wear a hat. She does not put on sunscreen. What will happen to her skin?

Prediction

Mike keeps sharp objects away from his eyes. He does not rub his eyes with dirty hands. He wears goggles when he plays sports that could hurt his eyes. What will happen to Mike’s eyes?

Prediction
Communicate

Steps for Communicating

1. Figure out what the problem is. Then decide who can help you.
2. Say what you need to say. Use body language if necessary.
3. Listen carefully. Answer any questions.

Use the steps to help you solve this problem.
You are at a friend’s house. Your head and stomach begin to hurt. How can you communicate about your problem?
Rhyme Time

A. Write the correct words to finish the rhymes.

| sunscreen | sunburn | head lice |

1. We are small insects that live on your head.
   We lay lots of eggs to help us spread.
   We make your head itch—we’re not very nice!

   We do all these things because we’re ___________.

2. It’s fun in the sun,
   but one day you may learn
   that if you’re not careful

   you’ll get a ___________.
   Then your skin will be red.
   You’ll feel hot and mean.
   You’ll wish you’d remembered

   to wear your ___________.

B. Read the label on the soap. Then draw an ad for the soap. Use the word germs in your ad.
Circle the foods that help keep your teeth healthy. Cross out the foods that can harm your teeth.

Look at the foods you crossed out. Write about why you should not eat too much of these foods.
**Lesson 2** pp. 52–55

Draw two things you use to clean your teeth. Write what each thing does.

---

**Lesson 3** pp. 58–59

Read the clues. Write the word from the box that answers the riddle.

I help you keep your teeth and gums healthy. When you have a tooth problem, I can fix it. You should visit me for regular checkups.

I am a ________________________________.
Use Context Clues

1. Read the sentences below. Find three clues that tell about the person named in the circle. Write the clues in the box.

A dental hygienist works with a dentist. During a checkup a dental hygienist cleans your teeth. He or she also teaches you how to brush and floss correctly.

   ____________________
   ____________________
   ____________________

Dental Hygienist

2. Use the clues in the box to figure out the missing word in the circle. Write the word.

   can cause cavities
   sweet

   ____________________

   not good for your teeth
Set Goals

Steps for Setting Goals

1. Set a goal.

2. Make a plan to meet the goal.

3. Work toward the goal.

4. Ask yourself how you are doing.

Use the steps to help you solve this problem.

You want to brush your teeth after breakfast every day. What can you do to meet this goal?
Sue knows it is important to take care of her teeth. She uses a toothbrush, toothpaste, and __________________ to keep them clean. She also visits the dentist for regular checkups. The dentist checks her teeth to see if Sue has a __________________. Then the __________________ helps the dentist by cleaning Sue’s teeth. She tells Sue to take care of her __________________ because she will not get another set of teeth. Only __________________ are replaced with new ones.
Lesson 1 pp. 66–67
List three things your body needs energy to do.

Lesson 2 pp. 68–71
Write the letter of each food group next to its picture on the MyPyramid.

a. vegetables
b. grains
c. fruits
d. meat and beans
e. milk

Lesson 3 pp. 72–75
Write T on the line if the sentence is true.
Write F if it is false.

___ A meal is all the food that you eat at one time.

___ Healthful meals give your body energy.
A balanced diet has foods from only one food group.

You should choose foods with lots of fat, salt, and sugar.

Ingredients on labels are listed in order from greatest amount to smallest amount.

Lesson 4 pp. 76–79
Use another sheet of paper.
Write about the tricks this ad uses to get people to buy the cereal.

Lesson 5 pp. 82–83
Choose the word from the box that best completes the sentence.

<table>
<thead>
<tr>
<th>cold</th>
<th>cooked</th>
<th>hands</th>
<th>ill</th>
<th>germs</th>
</tr>
</thead>
</table>

1. Wash fruits and vegetables to get rid of __________.

2. Do not eat meat that is not fully __________.

3. Wash your __________ with soap before you touch any food.

4. Meat and milk must be kept __________ in the refrigerator.

5. Spoiled food can make you __________.
Find Cause and Effect

1. Read the cause. Write two things that could happen.

   Cause
   You eat healthful foods.

   Effect

   Effect

2. Read the sentences. Find the cause. Write it in the box.

   Anne drinks milk that was not kept cold.
   Later that day she feels ill.

   Cause

   Effect
   Anne feels ill.
Steps for Making Decisions

1. Think about the choices.

2. Say NO to choices that are against your family rules.

3. Ask yourself what could happen with each choice.

4. Make the best choice.

Use the steps to help you solve this problem.

You are at a picnic with your friend’s family. You can have cookies, chips, or a piece of watermelon for a snack. How do you make your decision?
Name ________________________________

Food for Fitness Puzzle

Use the words in the box to solve the puzzle.

- energy
- wastes
- fat
- balanced diet
- meal
- ingredients
- MyPyramid

ACROSS

2. a diagram that shows which food group each food belongs to
4. the power that helps your body do things
6. a plan that gives your body all the foods it needs to stay healthy

DOWN

1. a part of food that you should not eat too much of
2. breakfast, lunch, or dinner
3. the things food is made from
5. things your body does not need
Lesson 1  pp. 90–93

Underline the word that best completes the sentence.

1. Exercise makes you (slow, fit).
2. If you are fit, you can be active for a (long, short) time.
3. Exercise makes your muscles, heart, and lungs (weak, strong).
4. Your (brain, helmet) gets more oxygen when you exercise.
5. Exercise gives you more (energy, time) to do things.
6. You feel better about yourself when you are (active, tired).
7. Exercise can make you feel (unhealthy, better) when you are upset.

Lesson 2  pp. 96–99

Read the rules below. Write true or false to tell if each rule is correct.

__________  Warm up your body before you exercise.

__________  Do not drink water when you exercise.

__________  Exercise outside when it is very hot.

__________  Start out slowly. Then go faster.

__________  Cool down after you exercise. Stretch your muscles.
Look at the pictures. Then answer the questions.

What are two things you can do to help yourself fall asleep?

Which child got enough sleep last night? How can you tell?
Find the Main Idea

Read the paragraph. Write the main idea in the chart.

Exercise keeps your body healthy and fit. It helps make your heart and your other muscles strong. Your brain gets more oxygen when you exercise. Exercise makes you look good and feel good. It gives you more energy to do things.

Main Idea

- Exercise helps make your heart and your other muscles strong.
- Your brain gets more oxygen when you exercise.
- Exercise makes you look good and feel good.
- Exercise gives you more energy to do things.
Manage Stress

Steps for Managing Stress

1. Know what stress feels like.
2. Figure out why you feel stress.
3. Do something active to help yourself feel better.
4. Talk to someone about the stress.

Use the steps to help you solve this problem.

A friend who moved away is coming to visit you. You haven’t seen each other for a long time. You are worried that you will not get along anymore. How should you manage your stress?
Words for Fitness

Choose the word that best completes the sentence. Circle its letter.

1. If you want to use your body in an active way, you can _____.
   a. sit
   b. sleep
   c. exercise
   d. eat

2. Resting when you are tired and drinking water are two good _____ to follow when you exercise.
   a. exercises
   b. rules
   c. stretches
   d. signs

3. When you are _____, you are strong and healthy.
   a. unsafe
   b. full
   c. weak
   d. fit

4. _____ is staying away from danger or harm.
   a. Exercise
   b. Sleep
   c. Safety
   d. Stress
Avoiding Danger

Lesson 1  pp. 108–111
Draw the three steps to take if your clothes catch fire. Write the step below each picture.

1. 
2. 
3. 

Lesson 2  pp. 112–113
Write about two things you should never do with a weapon. Tell why.

________________________________________________________________________
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________

26 • Activity Book  Avoiding Danger • Chapter 6
Lesson 3  pp. 114–115
Circle the picture that shows a poison.
Write a sentence that tells how you know.

Lesson 4  pp. 116–117
Write the word from the box that best completes each sentence.

address  car  answer  Internet

Never give a stranger your name, __________, or phone number.

Do not __________ if a stranger knocks on the door.

Never get into a __________ with a stranger.

Never talk to strangers on the __________.
Sequence
Show the sequence. Draw lines to put the steps in order.

1. Call 911.
2. Leave the house.
3. Find a safe way to leave.

1 → 2 → 3
Refuse

Steps for Refusing

1. Say NO and tell why not.
2. Think about what could happen.
3. Suggest something else to do.
4. Laugh about it!

Use the steps to help you solve this problem.

You and a friend find a sharp piece of metal on the playground. Your friend wants you to pick it up. How can you refuse to touch it?
Danger Words

Draw lines to match the words with their meanings.

- **strangers**
  - people you do not know well

- **weapons**
  - the number you call for help in an emergency

- **911**
  - things that can make you ill or kill you if they get into your body

- **poisons**
  - ways to practice getting out of a building safely if it is on fire

- **fire drills**
  - dangerous objects that can hurt or even kill you
Lesson 1 pp. 126–127

Write two ways these children are staying safe around water.

Lesson 2 pp. 128–129

Write the word from the box that best completes each sentence.

adult               sleeping               wild

Stay away from _________ animals and animals you do not know.

Do not touch an animal when it is eating, drinking, or _________.

If an animal bites or scratches you, tell a trusted _________ right away.
**Lesson 3** pp. 130–131
List three ways you can stay safe at school.

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**Lesson 4** pp. 134–137
Draw a person who is riding a bike safely.

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**Lesson 5** pp. 138–141
Mark an X on the four things in this picture that are not safe.
Find the Main Idea

Read the paragraph. Find the main idea and the details. Write them in the graphic organizer.

You can stay safe on the playground. Do not push. Wait for your turn. Do not walk too close to the swings.

Detail
Wait for your turn.

Detail

Main Idea

Detail

Detail
Resolve Conflicts

Steps for Resolving Conflicts

1. Agree that there is a problem.
2. Listen to one another.
3. Think of ways to work together.
4. Find a way for both sides to win.

Use the steps to help you solve this problem.
You and a friend both want to swing, but there is only one empty swing. Your friend says she got there first, so she should get the swing. How can you resolve the conflict?
Safety Everywhere

Write a paragraph about the picture. Use the words in the box.

helmet    injury    passenger    safety belt    safety gear

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Chapter 7 • Staying Safe

Activity Book • 35
Lesson 1 pp. 148–149

Write the words in the box under the correct titles.

sore throat  full of energy  runny nose  no pain
strong      rash         feeling good  fever

Ill

Well

Lesson 2 pp. 152–155

Circle yes or no to answer each question.

1. Can germs cause diseases? yes  no
2. Should you cover your nose when you sneeze? yes  no
3. Should you share drinking cups? yes  no
4. Should you wash your hands if you cough on them? yes  no
5. If you get a cut, should you leave it unwashed? yes  no
6. Do vaccines protect you from some diseases? yes  no
Lesson 3 pp. 156–159

1. Name two things people may have an allergy to.

________________________________________________________________________

________________________________________________________________________

2. Name a disease or illness that does not spread.

________________________________________________________________________

________________________________________________________________________

Lesson 4 pp. 160–161

List three ways you can keep yourself well.

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________

Ways you can keep yourself well

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________

Chapter 8 • Staying Well
Make Predictions

Read each set of sentences. Predict what will happen.

1. You visit your doctor because you feel ill. What will happen at the doctor’s office?

   Prediction

   

   

   

2. You have a cold. You share a cup with your sister. What will happen to your sister?

   Prediction

   

   

   

   

   

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Communicate

Steps for Communicating

1. Choose an adult to talk to.
2. Say what you need to say.
3. Listen carefully. Answer any questions.

Use the steps to help you solve this problem.

You are on a field trip with your class. You fall and scrape your knee. How do you communicate about your problem?
Name ____________________________

Word Scramble
Read each clue. Unscramble the letters to find the answer.

1. If you are not well, you might be this.
   l i l  __________

2. This is something that may be caused by germs.
   s e s d i e a  __________

3. This helps your body fight off the germs of some diseases, such as measles.
   n e c i v a c  __________

4. This illness does not spread. It may be caused by eating a certain food or touching a certain plant or animal.
   g a l l y e r  __________

5. If you have this illness, you may have trouble breathing. It does not spread.
   m a t h a s  __________
Lesson 1 pp. 168–171
Write T on the line if the sentence is true.
Write F if it is false.

___ Doctors order prescription medicines for you.

___ Adults can buy over-the-counter medicines without a doctor’s order.

___ It is OK to take another person’s medicine.

Lesson 2 pp. 172–173
Mark an X on the things in this picture that have drugs.

Lesson 3 pp. 174–175
Draw two products that have caffeine in them.
Lesson 4  pp. 176–179
Write the word that completes the graphic organizer.

- can cause lung cancer
- can cause heart disease
- has nicotine
- can make it hard to breathe

Lesson 5  pp. 180–181
Write about what the boy in the picture is doing and why.
Use Context Clues

1. Use the clues to figure out the word that belongs in the circle.

- can hurt the brain, heart, and liver
- slows down the brain
- can make it hard for the body to fight diseases
- can stop bones and muscles from growing well

2. Write three clues that tell about the word in the circle.

1. __________________________
   __________________________
   __________________________

2. __________________________
   __________________________
   __________________________

3. __________________________
   __________________________
   __________________________
Refuse

Steps for Refusing

1. Say NO.
2. Give a reason.
3. Say NO again.
4. Get help from a trusted adult.

Use the steps to help you solve this problem.
You are at a friend’s house. Your friend finds an open bottle of wine and wants you to try some. How will you refuse?
Write the words from the box that best complete the sentences.

A ___________ is something a person does often.

You need a doctor’s order to get a _________________.

An ________________ is a medicine that adults can buy without a doctor’s order.

Cigarettes have a dangerous drug called _________________.

Some kinds of soda have _________________.

It is harmful to breathe _________________.

Beer and wine are drinks that have _________________.

Refusing to take drugs is one way of showing _________________.

A _______________ changes the way the body works.
Write the word from the box that best completes each sentence.

Being _________ is being different from all others.

People have different _________ and like to do different things.

No one acts and _________ just the way you do.

Different people want to _________ about different things.

Draw a need and a want in the boxes below. Label your drawings.
Lesson 3 pp. 200–201
How does the girl in the picture show she is responsible?

Lesson 4 pp. 202–203
Circle the picture that shows respect.

Lesson 5 pp. 204–205
Write T on the line if the sentence is true.
Write F if it is false.

___ A good friend listens to you.

___ A good friend asks you to do things that are unsafe.

___ A good friend helps you stay healthy and safe.

___ A good friend makes fun of you.
Recall and Retell

Read the paragraph. Recall what it tells about being special. Then retell in your own words what you learned.

Everyone is special because everyone is different. People look different and act in different ways. People have different skills and interests.

Recall

1. __________________________________________
   __________________________________________
   __________________________________________

2. __________________________________________
   __________________________________________
   __________________________________________

3. __________________________________________
   __________________________________________
   __________________________________________

Retell

____________________________________________
   __________________________________________
   __________________________________________

____________________________________________
   __________________________________________
   __________________________________________

____________________________________________
   __________________________________________
   __________________________________________
Manage Stress

Steps for Managing Stress

1. Know what stress feels like.
2. Figure out why you feel stress.
3. Do something to feel better. Talk to someone you trust.
4. Prepare to handle the stress.

Use the steps to help you solve this problem.

You are going to be in a school play tomorrow. You are afraid you will forget what to say. How can you manage your stress?
Put Your Feelings into Words

Choose the word from the box that best completes each sentence.

<table>
<thead>
<tr>
<th>special</th>
<th>responsible</th>
<th>respect</th>
<th>self-control</th>
</tr>
</thead>
</table>

1. Ella cleans her room without being asked.
   
   Ella is ____________.

2. Ajay says **please** when he asks for a snack.
   
   Ajay shows ____________.

   
   All of these children are ____________.

4. When Mario’s baby sister rips a page from his coloring book, Mario does not yell at her.
   
   He shows ____________.

Write the word that completes the title of each rhyme.

**Emotions**

My ______ and Needs
I’d like to have a pogo stick
Or a brand-new baseball glove.
But the things I really need to live
Are food, a home, and love.

**Wants**

My ____________
I shut my eyes when I’m afraid.
I cry when I am sad.
I clap when I’m excited,
And I smile when I am glad.
Draw a line to match each picture with the correct sentence.

Lesson 1 pp. 212–213

1. Family members share holidays and special days.
2. Family members play together.
3. Family members eat together.

Lesson 2 pp. 214–217

Write T on the line if the sentence is true. Write F if it is false.

___ Family members get along when they work together.
Sharing and taking turns can help family members get along.

If family members do not agree, they should yell at one another.

Write a rule that can help family members get along.

_________________________________________________________________
_________________________________________________________________
_________________________________________________________________

Look at the pictures. What has changed in this family?

Lesson 3  pp. 220–223

How might this change make the older brother feel?
Recall and Retell

Read the paragraph. Recall what it tells about how families change. Then retell what you learned in your own words.

Families change in many ways. A family may move to a new home or have a new baby. No matter how your family changes, you are always an important part of it.

<table>
<thead>
<tr>
<th>Recall</th>
<th>Retell</th>
</tr>
</thead>
<tbody>
<tr>
<td>1.</td>
<td></td>
</tr>
<tr>
<td>2.</td>
<td></td>
</tr>
<tr>
<td>3.</td>
<td></td>
</tr>
</tbody>
</table>
Resolve Conflicts

Steps for Resolving Conflicts

1. Agree that there is a problem.
2. Listen to each other.
3. Work together to reach an agreement.
4. Find a way for both sides to win.

Use the steps to help you solve this problem.

Your sister and a friend are playing a board game on the dining room table. They are talking and laughing together. You want to use the table to do your homework. Your sister says she was there first and shouldn’t have to move her game. How can you and your sister resolve this conflict?

________________________________________________________________________
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________
Name ________________________________

Family Words

Write the word from the box that best completes each sentence. Then answer the questions.

- divorce
- chores
- love

1. Jakob’s parents are not married anymore.
   
   His parents got a _________. Jakob feels sad. What can he do to help himself feel better?

2. Alma puts away her toys. Ty helps his mom make dinner.
   
   Ty and Alma do _________ to help at home. What are some other ways children can help at home?

3. Reena shows her _________ for her little brother by reading to him at bedtime. What is another way you can show your family members that you care?
Lesson 1 pp. 230–231

Read the sentence below each picture. Then answer the questions.

1. You want books and magazines with health information. Who can you ask?
   ______________________________________

2. A flowerpot breaks in the classroom. Who will help clean it up?
   ______________________________________

3. You feel ill in class. Who can help you?
   ______________________________________

Lesson 2 pp. 232–235

Draw lines to finish the sentence about each community worker.

1. Doctors and nurses  a. make sure people follow laws.
2. Police officers   b. help keep streets clean.
3. 911 operators   c. put out fires and rescue people.
4. Trash collectors   d. help you when you are sick.
5. Firefighters   e. answer calls for help.
Lesson 3  pp. 236–237

Draw three things that can be recycled.

---

Lesson 4  pp. 240–243

Write the word that best completes the sentence.

<table>
<thead>
<tr>
<th>air</th>
<th>clean</th>
<th>dirty</th>
</tr>
</thead>
<tbody>
<tr>
<td>grow</td>
<td>pollution</td>
<td>walk</td>
</tr>
</tbody>
</table>

1. You need ___________ air and water to live and stay healthy.

2. Water ___________ is caused by dirt and harmful germs in the water.

3. If you drink ___________ water, you can become ill.

4. Dirty ___________ can harm your lungs.

5. Dirty air and water make it hard for plants to ___________.

6. People can ___________ or ride bikes to help keep the air clean.
Find Cause and Effect

1. Read the sentences. Find three effects of dirty air. Write them in the graphic organizer.

Dirty air makes it hard for people to breathe.
It makes it hard for plants to grow. People and animals become ill.

Cause
The air is dirty.

Effect

Effect

Effect

2. Read the effect. Circle the sentence that tells the cause.

Cause
People throw trash into the water.
People drive their cars.
People recycle their bottles and cans.

Effect
People make less trash.
Make Decisions

Steps for Making Decisions

1. Think about the choices.
2. Say NO to choices that are against the law or your family’s rules.
3. Ask yourself what could happen with each choice.
4. Make the best choice.

Use the steps to help you solve this problem.
You have a calendar with pretty pictures. At the end of the year, you get a new calendar. What do you do with your old one? How do you make your decision?
Words in the Neighborhood

Find the term from the box that means the same as the underlined words in the sentence. Write your answer on the line.

- air pollution
- community
- water pollution
- recycling

1. If people throw trash into ponds and oceans, there will be dirt and harmful germs in the water.

2. Harmful things in the air can make it hard for people to breathe.

3. If everyone puts trash where it belongs, the place where people live and work will stay clean.

4. People can make less trash by using materials in old things to make new things.